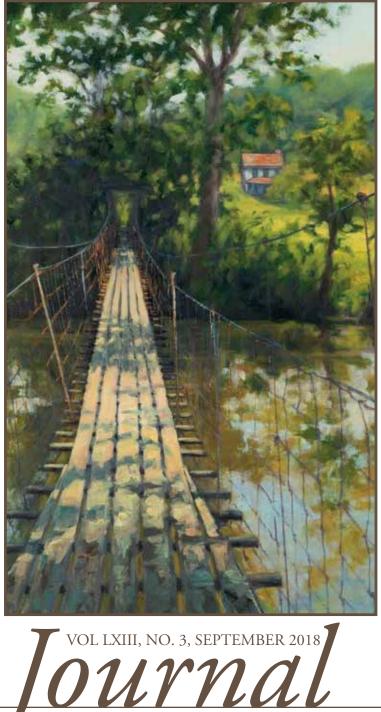
THE GARDEN CLUB OF VIRGINIA





The Garden Club of Virginia exists to celebrate the beauty of the land, to conserve the gifts of nature and to challenge future generations to build on this heritage.

FROM THE EDITOR

Aside from raking leaves, autumn is my favorite season of the year. Sweater weather inspires renewed energy and purpose. The Garden Club of Virginia offers enticing opportunities for our members during these invigorating months. The Fall Symposium at the Science Museum of Virginia in Richmond on September 25-26 includes flower arranging schools, as well as artistic, photographic, and horticulture workshops and exhibits, with categories from asters to zinnias. Members and guests can enjoy a variety of speakers, along with retail therapy. October 25 brings the annual GCV Conservation Forum at the Paramount Theater in Charlottesville. This year's topic will be "The Real Dirt on Pesticides: Pollinators, Food and Our Health." Speakers will focus on the impact of pesticides on pollinators, growing food and human health.

Be sure to note the enclosed fall events sponsored by the Leesburg, Nansemond River and Alexandria garden clubs. And Fine Arts & Flowers at the Virginia Museum of Fine Arts is not to be missed.

Organize a carpool of garden club friends, drive along Virginia's scenic routes, and take advantage of these fall offerings.

Thank you for reading the *Journal*. We welcome your articles. Write to us at journal@gcvirginia.org.

Revised submission guidelines may be found on the GCV website.

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1/3 page	4 ½" x 2 ½"	\$200
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Discounts: 15% discount will apply, if advertising in all four publications.

50% discount to GCV member clubs advertising a club event.

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ON THE COVER ...

Nan Mahone Wellborn of Roanoke Valley Garden Club painted our compelling cover art, Swinging Over the Cowpasture. Nan attributes inspiration for this beautiful painting to Judy Repass, a member of the Mill Mountain Garden Club.

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A History of The Hunting Creek Garden Club

by Vicky Alexander and Laura Francis The Hunting Creek Garden Club

t its inception, the ladies who joined together to form a junior garden club of the Garden Club of Alexandria established a three-pronged garden club mission:

- to stimulate interest in civic planning
- · to promote amateur gardening
- to aide in the protection of native trees, shrubs, wildflowers and birds.

In 1943, the junior membership had gained enough strength, conviction and ranks to join the Garden Club of Virginia as an independent club, the Hunting Creek Garden Club.

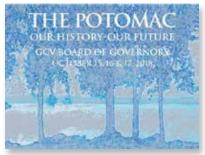
The original mission of this club has been manifested and expanded over the past 76 years, enriching the gardening experience of its members, the community and the Garden Club of Virginia.

The Hunting Creek Garden Club has engaged in civic activities since its beginning through volunteer and financial support, flower arranging expertise lent and horticultural knowledge shared. In 1954, the club created and sold unique boxwood decorations; the Greens Workshop is still held annually each December as its primary fundraiser. Conservation became a focus in 1955, the same year our first camper was sent to Nature Camp. That tradition has been carried forth with significant financial support sent to Nature Camp for its 2006 facilities upgrade. The club has supported many projects in Alexandria, most recently providing a native plant garden to the Pope-Leighey House. HCGC has supported T.C. Williams High School with scholarships for students studying the environment, conservation and landscape architecture.

The Hunting Creek Garden Club has produced exceptional leadership from its ranks at the local level and extending to the GCV, where numerous committees have been guided by the club's members during its 76-year existence. Our own Virginia Guild served as GCV president from 1990 to 1992 and was one of two member recipients of the GCV Massie Medal. Our club successfully hosted the 2003 and 2004 GCV Rose Shows, applying our members' high energy and gardening talent.

Hunting Creek Garden Club members still delight in flower arranging and gardens, but we know we are engaged in a constant battle to protect Virginia's natural environment. Fortunately, gardeners tend to be optimists, and we subscribe to the

old Scottish theory, "many a little makes much." Thus, we bring you together for the 2018 GCV Board of Governors Meeting to recognize our special Potomac River and each waterway in Virginia as we continue to move forward, building on the foundation set forth in the original Hunting Creek Garden Club mission – proud of our accomplishments and ready to embrace our future responsibilities. *



Molly Joseph Ward **Becomes Honorary Member**

n May, the Garden Club of Virginia announced a new honorary member. At the recommendation of the membership committee, the board of directors granted this distinction to Molly Joseph Ward of Hampton. A graduate of the University of Virginia and William & Mary Law School, she managed many land use and environmental issues in her legal practice. She has had a career in public service, including as mayor and now as treasurer of the City of Hampton. Her persistent hard work spearheaded the effort for Fort Monroe to be listed as a National Monument.



Molly Joseph Ward

She served as Secretary of Natural Resources under Gov. Terry McAuliffe, and as special assistant to former President Obama and as his Deputy Director of Intergovernmental Affairs at the White House. Her passion for her hometown and her state is intertwined with a love of the outdoors. When in the governor's cabinet, she visited all of the 37 Virginia State Parks. She enjoys crabbing and fishing, both at home in Hampton and at her cottage in the Northern Neck. She has written persuasively of the environmental threats from sea level rise.

It is a pleasure to welcome this accomplished woman and environmentalist, Molly Ward, to the GCV. 🏶



Molly Ward, center, was welcomed and introduced at a luncheon at the Kent-Valentine House in May.

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Rose Notes

Growing Great Roses by Patsy Smith, GCV Rose Committee Chairman Winchester-Clarke Garden Club

The rose is our national flower, the "Floral Emblem of the United States," declared so in 1986 by President Ronald Reagan. Americans love and cherish roses. Whether you grow roses for their beautiful garden display or for exhibiting, here are a few tips to help promote bigger blooms.

Often, after the spring blooming flush, our rose bushes become leggy and bushy throughout the summer, resulting in tiny blooms on short stems. Cutting back rose bushes in mid to late summer will encourage new, longer stems with bigger blooms for the show table or the garden party.

Proper pruning is essential. Hybrid teas, grandifloras and floribundas have an average bloom cycle of 42-54 days. Miniature roses cycle around 35-42 days. Count back the days from your target bloom date for pruning. Make sure your pruning shears are sharp and clean and lightly prune each rose bush back about one third to one half, depending on the age of the bush and keeping in mind that the farther down you cut each cane, the longer it will take the bush to bloom. New bushes planted this year should be deadheaded, not pruned. For miniature roses, trim off only one third of each plant. Climbers, large shrubs and old garden roses should only be deadheaded. Some will not repeat bloom no matter what you do.

Right after pruning, feed your roses. Try Randy Scott's "Alfalfa Leaf Tea" recipe. Fill a clean 32-gallon trash can with water, add 12 cups of alfalfa pellets and let sit about a week, stirring daily. When it starts to ferment (you will know!), add 1 cup chelated iron, 2 cups fish emulsion, ½ cup Epsom salts (check your pH – Epsom salts are acid) and 1 cup Miracle-Gro or other 20-20-20 water-soluble fertilizer. Stir well, and pour 1 gallon around each plant at the drip line and water in. In several weeks feed each plant 2 cups organic Mills Magic, Miracle-Gro for roses or other rose fertilizer. Water in after each application. This feeding program may be used in the spring beginning when roses start to leaf out. All these ingredients can be found at your local garden center.

Roses love a good meal, a good drink and protection from the "bad guys." If needed, try Rose Rx3-in-1, an organic multipurpose fungicide/ insecticide/miticide, or use a blast of water to dislodge aphids and spider mites.

Good luck! And bring your big beautiful blooms for exhibit at the Garden Club of Virginia Fall Symposium Horticulture Show, Sept. 25-26, 2018. \$

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GARDEN CLUB OF VIRGINIA SYNDAR CLUB OF VIRGINIA RICHMOND 2018

Join Garden Club of Virginia members and fellow garden and flower enthusiasts for two days of workshops, speakers, a flower show featuring seasonal horticulture, floral design, photography exhibits, a boutique and much more.



Symposium 2018



Holly Heider Chapple





Paul Faulkner "Chip" Callaway



Greg Campbell & Erick New

September 25 & 26 Science Museum of Virginia

2500 W. BROAD ST. RICHMON<mark>D, VIRGIN</mark>IA

Learn natural and "no-oasis" techniques of arranging from Holly at our popular Flower Arranging School. Listen as Chip regales us with tales from his 40-year career as a landscape designer creating over 1,000 gardens. Watch as Greg and Erick demonstrate arrangements from their recent book. Create your own floral design in a hands-on workshop designed for your level of knowledge and expertise. And don't miss exciting new conservation and landscape restoration updates from the Garden Club of Virginia.

ALL EVENTS ARE OPEN TO THE PUBLIC To register for ticketed events visit GCVSymposium.org

SEPTEMBER 2018

Garden Club of Virginia Fall Symposium 2018 Sept. 25-26, 2018

by Jennifer Kelley, GCV Fall Symposium Chairman The Garden Club of Norfolk

elebrate fall and reconnect with friends at "Elements of Beauty," a two-day festival of flower arranging, horticulture and entertaining. Learn about current Garden Club of Virginia restoration projects, fellowships and conservation issues for the home gardener.

This year's venue is the Science Museum of Virginia in midtown Richmond. Formerly Broad Street Station, this historic building features lots of free parking and easy access from interstates 95 and 64, as well as from the Kent-Valentine House.



Floral Design and Entertaining

On Tuesday, Sept. 25 at 9 a.m. Holly Heider Chapple, a member of Leesburg Garden Club, will kick off the event at Flower Arranging School. Her program, "Flowers for the Home from the Home," will explore seasonal designs using materials available in your own garden. At 1:30 p.m., she will lead a workshop for experienced arrangers. At 3:30 p.m., GCV Flower Show judges will conduct a hands-on workshop for beginners covering the basics of arranging.*

On Wednesday, Sept. 26, 2:30-4:30 p.m., Greg Campbell and Erick New, coowners of Garden District, in Memphis, will regale us with tales of their exploits. A partnership of boundless creativity, Campbell and New never let reality get in the way of a great idea. The duo will demonstrate several arrangements, which will be raffled, and answer your questions. Their new book *Florist to the Field* will be available for purchase and signing afterward.*

Horticulture

"Gardens Great and Small – Highlights of a 40-Year Career" is Wednesday,

Sept. 26 at 10 a.m. Meet Chip Callaway, an internationally known landscape architect who has created more than 1,000 gardens in the United States and abroad, ranging from large estates to small courtyards. A master



storyteller, Callaway will enchant us with tales of resurrecting and restoring gardens from the past, as well as creating brand new ones.*

Artistic, Horticulture and Photography Show

"Creative Beauty in Artistic Floral Design" is the theme. Inspired by science and applied to artistic creation, arrangers will choose from Synergistic, Parallel, Kinetic Stretch, Echo and Illuminary. Advance registration is required. Anyone may exhibit, except for the Interclub class which is open to GCV member clubs only.

Bring your best plant specimens for entry in our Horticulture Show. Friendly volunteers will help you groom, wedge and properly name your entry. Except for the terrarium classes, no advance registration is required.

Six photography classes representing carbon, hydrogen, nitrogen, oxygen, phosphorus and sulfur will be interpreted through a myriad of photographic subjects and techniques.

Advance registration is required to exhibit in the artistic and photography shows. The exhibits are open Wednesday, Sept. 26, 1:30-6 p.m. They are free and open to all.

GCV Restoration and Conservation

At "The Garden Club of Virginia's Legacy of Restoring Historic Gardens," GCV Landscape Architect Will Rieley will describe an exciting new garden project underway at Stratford Hall; GCV Restoration Committee Chairman Anne Baldwin will offer updates on other GCV projects. Tuesday, Sept. 25 at 1:30 p.m.

"Rethinking Conservation, Sustainability and Beauty in the Garden," will be presented by GCV Conservation and Beautification Committee members. Wednesday, Sept. 26 at 1 p.m.

Shop and Dine

The Symposium Bistro and Boutique will be open both days with delicious fare and enticing shops. Luncheon in the Bistro is included in Flower Arranging School and Gardens Great and Small.

The Fall Symposium is open to all members and the public. Visit gcvsymposium. org for up-to-the-minute details, a handy timeline, horticulture and artistic schedules, submission requirements for the photography show and advanced registration for ticketed events.



*Advance ticket purchase required and likely to reach capacity. 🅸





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Daffodil Notes

It's Our Daffodil: Let's Learn About It

by Janet G. Hickman, GCV Daffodil Committee Chairman Hillside Garden Club

ne of the inaugural events of the Garden Club of Virginia Centennial Celebration is the introduction of the GCV Centennial daffodil. Brent Heath and GCV Centennial Celebrations Chairman Anne Cross unveiled this special daffodil, named 'Green Arrow,' in March.

There is much to learn about this new daffodil. A white flower with a white cup and green throat (color code 2 W-GWW), it has grown well for the supplier in the Netherlands. But it will be up to us to test out its



Green Arrow'

performance in Virginia climates. We will serve as "citizen scientists" in the study of daffodils, a long-standing GCV tradition.

The first GCV test collection was distributed in 1930, just 10 years after the formation of the GCV. It was called a "test" collection because the idea was for each club daffodil chairman to plant the bulbs, observe them closely and report on how well they grew in their Virginia gardens. Their test reports helped guide members in choosing bulbs best for their growing conditions.

We now have an excellent opportunity to function again as horticultural observers. A form will be included with each order of 'Green Arrow' on which to record details such as when the bulbs were planted, what the garden conditions were, when they bloomed, how many bloomed and how many plants returned the next year. The form will also be available on the daffodil page of the GCV website. All of the recorded data will be collected and combined to build a profile of the qualities of 'Green Arrow.'

A prize for the best bloom of 'Green Arrow' will be awarded at the 2019 Daffodil Day and the daffodil will be a new subject for photography. 💝

Order your 'Green Arrow' for fall planting. Available to GCV members only in packs of five bulbs at \$30 per pack. Limit three packs per member. Visit gcvirginia.org.



A former club daffodil chairman plows her garden to plant the test collection.

2018 Conservation Award Winners

by Heidi James, GCV Conservation Awards Committee Chairman The Lynchburg Garden Club

The Conservation Awards will be presented at the 60th Annual Conservation Forum on Thursday, Oct. 25 in Charlottesville.

Elizabeth Cabell Dugdale Award for Meritorious Achievement in Conservation

The Piedmont Environmental Council has been selected to receive the 2018 Elizabeth Cabell Dugdale Award for Conservation, having been nominated by the Warrenton Garden Club. The PEC, founded in 1972, has a mission to "promote and protect the Virginia Piedmont's rural economy, natural resources, history and beauty." It is one of the most effective community-based environmental groups in the country and has played a vital role in the promotion of land conservation, with more than 400,000 acres of land permanently protected in the nine-county area it serves.

In addition, the PEC has worked closely with the Garden Club of Virginia and individual garden clubs on crucial conservation issues, including the defeat of Disney's America theme park, the moratorium on uranium mining in Virginia, the proper siting of electric transmission lines and opposition to the Atlantic Coast Pipeline. In 2006, the PEC became the Virginia sponsor for the Buy Fresh Buy Local movement and maintains a list of sources for local food. The PEC is a model organization working to "create high-quality communities, strengthen rural economies, celebrate historic

resources, protect air and water quality, build smart transportation networks, promote sustainable energy choices, restore wildlife habitat and improve people's access to nature."



Conservation Educator Award

The 2018 Conservation Educator Award goes to Nancy Newman of Charlottesville. Nominated by Fran Boninti of Rivanna Garden Club, Newman was a curriculum coordinator at Venable Elementary School in Charlottesville for many years before she retired in 1997. Upon retirement, she created an outdoor science curriculum for elementary students at Venable. Here, outdoor classrooms are home to birds, invertebrates, snakes, mammals and plant life, all thriving in the middle of an urban setting. These programs also benefit at-risk children, who monitor streams, hike, and identify birds and plants. Under Newman's leadership, the gardens at Venable have been designated as a Monarch Waystation and a National Wildlife Habitat.



Nancy Newman

Ivy Creek Natural Area, the Virginia Museum of Natural History and the Rockfish Gap Wildlife Rehabilitation Center all benefit from her passion for education. Newman gives lectures on many topics, including butterflies, rivers, owls and the Monacan Indians. Newman is dedicated to outdoor education, with a goal to create global citizens. Newman's work exemplifies the mission of the GCV. *

Why Not Take on a Conservation Project? Funding Assistance is Available. Apply for the Bessie Bocock Carter Conservation Award.

by Heidi James, GCV Conservation Awards Committee Chairman The Lynchburg Garden Club

t's time to apply for one of the Garden Club of Virginia's largest monetary awards: the Bessie Bocock Carter Conservation Award, named for Bessie Carter, GCV President from 1998-2000. The minimum award amount is \$4,000. Bessie Carter exemplified GCV tenets of conservation, preservation and beautification. "From the moment she got up in the morning to the time she fell asleep, she was always working to make something better," said her son Jack Carter.



Carol Carter, Bessie Carter and Andrew Carter - May 2006

Through the generosity of her family, the GCV established the Bessie Bocock Carter Conservation Award in 2009 to fund the implementation of a project that conserves resources and/or protects the environment. The project must benefit a local community or the Commonwealth of Virginia. It is presented annually to a GCV member club, or to a GCV member club in association with another conservation organization. A project should serve as a catalyst for community action and inspire future conservationists.

Recent past recipients include:

The Martinsville Garden Club and The Garden Study Club: Smith River Paw Path Pollinator Garden

> The Petersburg Garden Club: Lee Park Wildflower and Restoration Project

The Mill Mountain Garden Club: Scoop the Poop

Albemarle Garden Club: Interpreting the Bog Garden – Where Conservation, Horticulture and Civic Projects Meet

> The application can be found on the GCV website at: www.gcvirginia.org/main/award/7

Nominations are due by Nov. 1, 2018, to:

Garden Club of Virginia Kent-Valentine House 12 East Franklin Street Richmond, VA 23219 communications@gcvirgina.org

In January of 2019, a list of eligible candidates will be published and sent to GCV member clubs for a vote. The award will be presented at the GCV Annual Meeting in May. Don't miss your chance to take advantage of this fantastic incentive to do something wonderful for your community and the commonwealth. \$



Fall Into Entertaining! <u>A Floral Design Symposium</u>

Tuesday, September 18, 2018 9:00am-4:00pm at Riverside on the Potomac, Leesburg, va



JANE GODSHALK, AIFD

The Leesburg Garden Club invites you to

SPEND A SPECIAL DAY WITH Award-Winning **Jane GODSHALK** PRESENTING SECRETS OF PROFESSIONAL FLORAL DESIGN, EVENT DESIGNERS GRIT & **GRACE** WHO WILL CREATE EXQUISITE TABLESCAPES AND THE HUSBAND-WIFE TEAM OF LYNNVALE STUDIOS, LLC WHO WILL PRESENT FINE ART INTERPRETATION OF FLORAL COLORS AND TALK ABOUT DESIGNING WITH EXQUISITE FARM-GROWN FLOWERS. RESERVE YOUR SPACE TODAY!



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Included in your registration:

- "Cooking with the Caterers" demonstration of cooking special event cuisine
- Vendor tent shopping
- Breakfast coffee and sweets, box lunch and an afterevent wine and hors d'oeuvres reception

Register online! www.leesburggardenclub.org

This is a fundraising event. Proceeds will be used to further our mission "...to promote active interest in gardening and to assist in the protection and development of the natural beauties of the State".



FINE ARTS

THU-SUN | OCT 25-28, 2018

This free biennial exhibition features spectacular fresh floral designs inspired by art in VMFA's world-class collection.

Ticketed special events include a gala, luncheons, workshops, and the following speakers:

- Lewis Miller of LMD New York, renowned designer, author, and Instagram sensation
- Remco van Vliet of New York's Van Vliet & Trap, master Dutch florist and designer for The Met

To see a full list of events or to purchase tickets, visit www.VMFA.museum/FAF

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The Garden Club of Virginia

Historic Garden Week in Virginia

by Stephie G. Broadwater, GCV Historic Garden Week Chairman The Nansemond River Garden Club

Planning for the 86th Historic Garden Week in Virginia is well underway. The much anticipated springtime event will occur a week later than usual because of the date of Easter. Mark your calendars for April 28-May 4, 2019.

The guidebook cover will showcase Waverley Hill, a property featured on the 2019 Staunton tour. This year marks the centennial of the Augusta Garden Club, host of the tour. Built by Emily Smith, a member of the Augusta club who was president of the Garden Club of Virginia from 1928 to 1930, this home was designed by William Lawrence Bottomley, with gardens designed by Arthur Shurcliff, landscape architect for Colonial Williamsburg. Waverley Hill was completed in 1929, the first year Historic Garden Week was held. The beautiful Georgian Revival country house was recently sold out of the Smith family; a major restoration of the house and gardens is nearly complete.

Karen Ellsworth, graphic designer Dale Edmondson and Ben Greenberg, a professional photographer who has shot the past three guidebook covers, visited the property in early April 2018. A determination was made to focus on the Virginia bluebell, *Mertensia virginica*, as the flower for 2019 because of the many naturalized plants along the curving driveway leading up to the house. The new owner and his landscape designer added 240 Virginia bluebell plants the week before HGW especially for the photo shoot that followed. The bluebells will be quite a sight during HGW next spring.

The bluebell featured on the HGW poster is from a photograph taken in 2018. Notice the dew drops. We hope you love it as much as we do. The flower, poster and cover location were unveiled during HGW Boot Camp this past June. The 2019 guidebook cover will be introduced during the GCV Board of Governors meeting this October in Alexandria. \$

HGW State Co-chairman Tricia Garner, HGW State Chairman Stephie Broadwater and GCV President Jean Gilpin unveil the 2019 Historic Garden Week poster.



May 4, 2019

Number of Horticulture Participants Exhibits: 114 Stems: 176 Individual Exhibitors: 30 Interclub Collections: 4

Cilies in Bloom

June 19, 2018 • St. Mary's Episcopal Church, Goochland

Thank you to the more than 50 Garden Club of Virginia members and friends who volunteered their time, talents, donations and lilies to create the beautiful show. Many willing hands created a judged, NALS-member horticulture show with emphasis on the fun of growing and showing lilies. Congratulations to all for a successful event in a new format.



Lilies in Bloom Chairman Nina Mustard and Lily Committee Chairman Carrie Darracott



Joyce Moorman (Lynchburg Garden Club) won the Eugenia and David Diller Orientation Award and the Ronald J. Chiabotta Award.



Katherine Beale (Harborfront Garden Club) receiving the Gertrude Cody Minter Memorial Award for best lily in the show from GCV President Jean Gilpin. Katherine also won the Eleanor Truax Harris Cup, the Eugenia Diller Award and the Blanche Rohrer Davis Memorial Bowl.



Karla MacKimmie of the Warrenton Garden Club, winner of the Helen Turner Murphy Award for the Interclub collection of eight different stems from the 2007-2016 collections.



Jane Cheadle (Mill Mountain Garden Club) won the Vicki Bowen Award for the best trumpet hybrid lily.

For more photos and a complete list of winners, go to gcvirginia.org and see Flower Shows. Grateful appreciation extended to Mary Wynn and Charles McDaniel and Hilldrup Transfer and Storage for support of the GCV Flower Shows.

Horticulture Field Day Lynchburg June 5-6, 2018

Garden Club of Virginia members toured five spectacular private gardens in the City of Seven Hills. Catherine Madden and Elizabeth Hutter, of the Lynchburg Garden Club, were co-chairmen of the event.



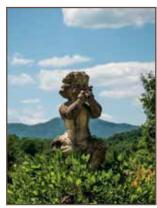


Old City Cemetery

Fox Hill Estate



Pembleton



Christian Garden



Thomas Garden



Madden Garden

Beyond Recycling: China Won't Take Our Waste Anymore

By Carol Carter, GCV Conservation and Beautification Committee Albemarle Garden Club

s Americans, we need to accept the challenges of reducing our waste production by avoiding excessive packaging and embracing smart recycling practices.

Recycling is one tool for waste management, but "it's complicated." Whether your community has curbside recycling or a community deposit site, it's important to keep recycling streams as "clean" as possible to keep economic value



in the materials. Recycling depends on commodity markets which are local and vary considerably. Cities often accept more types of materials due to economies of scale in sorting and selling the products. Smaller communities may not generate enough of a particular material to make it worth a hauler's effort.

Here are some general rules:

- Aluminum cans have a very high value. Aluminum is taken to foundries where it is re-melted and poured into ingots for manufacturing.
- **Tin** cans have low economic value and are often contaminated with food residue. However, they are easy to separate at a facility because they are magnetic.
- **Glass** containers are heavy and sadly low in value. Weight makes transportation costly. Unless there is a glass foundry nearby, glass is often put in landfills. It can be re-melted and is best when sorted by color.
- **Plastics** have to be carefully sorted because each resin has its own physical properties. Plastic composite lumber companies can use a variety of plastics, but transportation can be impractical. Reducing the volume of plastic waste is a growing worldwide concern.
- **Paper** is graded by cleanliness, lack of oil contamination, color and length of fiber. High-grade office paper is of highest value. Dirty and mixed paper is of lower value.

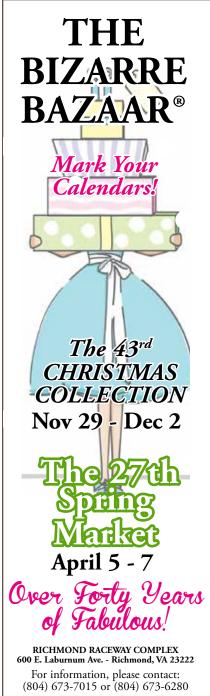
A quick rinse to clean containers is effective in removing food residue and keeping value high. Keep the stream "clean" by sorting containers with only one type of material. Remove plastic tops from paper cartons, metal tops from glass containers or aluminum seals from plastic containers.

Plastic bags and other types of plastic film should never go into a curbside recycling bin because they get tangled in the gears of the sorting machines. They do have some value and should be bagged together and deposited at a collection bin at most grocery stores.

Batteries, electronics, light bulbs, phones, electric cords and appliances can also be recycled. Sites vary by community. A good source of information on the ever-changing world of recycling is wm.com/thinkgreen/what-can-i-recycle.jsp.

Buy only what you need and choose products with long lifetimes. Think about products and containers you buy. Can you choose beer in cans? Can you buy grains and nuts in the bulk food section? Can you carry your reusable water bottle? Can you purchase products with recycled content? Try to dig deeper and learn the specifics of how and where your community recycles. \$

This article is abridged from a report by Catherine Nicholson, Garden Club of America.



www.thebizarrebazaar.com



by Joan Pollard and Virginia Cherry, GCV Library Committee The Petersburg Garden Club

Ex Libris

n Lisa Zeigler's Vegetables Love Flowers: Companion Planting for Beauty and Bounty (2018, 176 pp.), she explores the essence of growing vegetables and flowers together. Ziegler observes, "I began to see a change in my garden when I added three seasons of pesticide-free flowers. Through the years, as I coupled the presence of flowers in the vegetable garden with common-sense natural gardening practice, my garden flourished. What rose above many gardening troubles was the way gardens filled up with pollinators and nature's pest control ... especially welcome at a time when the number of beneficial insects in most gardens, especially bees, has been diminished by pesticide exposure and loss of habitat.



Gardening became easier and my harvest more abundant. Keeping a small cut-flower garden within the vegetable garden, the gardener gets an armload of beautiful fresh-cut flowers each week and the beneficial creatures are attracted with the continuous supply of new blossoms. Those beneficial creatures come for the flowers, then share their

benefits with the nearby vegetables."

Four sections inform each of the nine chapters: Flowers in the Vegetable Garden, Plants by Season, Heroes of the Garden and Growing a Healthy Garden. Zeigler also includes seven pages of illustrated plans for planting vegetable gardens with flowers, from ambitious six-bed plot gardens to a more modest one-bed garden. She suggests which plants to add as the seasons progress. There are more than 100 color photographs to enjoy, as well as illustrated examples of an array of topics such as how and where to plant, how to create compost heaps and bins and how to make garden flower bouquets. Ziegler also authored Cool Flowers. She is the owner of the Gardener's Workshop, a thriving small-market farm in the heart of Newport News. 🍪



Conservation and Environmental Studies Fellow

by Lisa Mountcastle, GCV Conservation and Beautification Committee The Garden Club of Alexandria

Brynn Cook, a PhD candidate at the University of Virginia, is the Garden Club of Virginia Conservation and Environmental Studies Fellowship winner for 2018. She will be researching the effects of air pollutants on pollination. She observes, "Pollination is critical to ecosystem health and agricultural production in Virginia and across the world, but air pollution could interfere with pollination. The research I propose to conduct ... will investigate how pollution could deter foraging pollinators, and what levels of pollution are harmful. These questions are addressed specifically for an economically important Virginia pollinator, the wild squash



bee (*Peponapis pruinosa*), foraging on its host crops of pumpkins or squash. Only by identifying how and what level of air pollution are a problem to this key pollinator can we move forward to finding policies and solutions to ensure their ecosystem and agricultural services are maintained."

The Conservation and Beautification Committee is excited about Cook's research as it directly relates to GCV's mission. We look forward to hearing about her findings at the GCV Annual Meeting in May 2019. \$

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The Garden Club of Virginia Welcomes New Members

(July 1, 2017-June 30, 2018)

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Ashland: Kathy Boggess, Margaret Cox Copeland, Shannon Taylor

Augusta: Sherry Bourgeouis

Boxwood: Kate Kerns, Marty Parrish, Kate Whitehead, Sarah Wootton

Brunswick: Peggy Smith, Jo Walthall

Charlottesville: Cheryl Chandler, Jayme Naughton, Rebecca Bell Nordin, Kerri Borchardt Taylor, Ashley Sieg Williams

Chatham: Vicky Hines

Danville: Katherine Laramore, Jan Lester, Dolores Settle

Dolley Madison: Anne Cantrell, Pam Jaske, Janine Williams

Elizabeth River: Denise Parroco

Fairfax: Robin Begg, Sharon Jones, Katie McGovern, Maribeth Malloy, Kimberly Notarianni, Marcy Osterhaus, Debbie Williams

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Mill Mountain: Heather Ellett, Hetty Hoyt, Lisa Laughon, Emily Mangus

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Garden Restorations in Progress

by Anne Baldwin, GCV Restoration Committee Chairman The Garden Club of Alexandria

he Garden Club of Virginia continues the legacy of restoring Virginia's historic gardens. Summer and fall are ideal times to begin work, so projects are underway at a number of locations.

The restoration of the East Garden at Stratford Hall was the second restoration project undertaken by the GCV. It was an elaborate boxwood garden from a plan prepared by noted landscape architect Morley Williams and installed in 1933.



Drone photography shows the cleared area with the new paths realigned to the locations identified through archaeological evidence at Stratford Hall.

This garden was simplified in the 1950s by Alden Hopkins and further simplified through the years. At present, the garden terrace that is closest to the Great House is being restored with a plan designed by GCV Landscape Architect Will Rieley. This new design is based on a plan found in the papers of Thomas Jefferson and is more consistent with an 18th-century configuration around the time of the Lee family. This fall, vegetables, flowering annuals and perennials common in the mid-18th century

will be planted among shaped evergreens, hedges and espaliered fruit trees.

As soon as the College of William & Mary students finished the school year, work began to clear the site for a new garden honoring retiring President Taylor Reveley and his wife, Helen, a James River Garden Club member. The project is a collaboration between William & Mary and the Garden Club of Virginia. The plan by Will Rieley is based on two designs created



A computer-enhanced version of Stratford Hall's East Garden with the new garden in place.

in the early 20th century by Charles Gillette that were never fully implemented. A groundbreaking ceremony was held on June 13 at the site which is between dormitories facing Jamestown Road and the academic buildings facing the Sunken Garden.

In addition, work will begin by the fall in Lynchburg at Point of Honor, where a historically appropriate garden space will be installed behind the house. New plantings will also be going in at the Poe Museum in Richmond. Construction plans for the

continued on next page ...

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carriage turnaround continue at Poplar Forest, Thomas Jefferson's Lynchburg home.

The GCV Symposium offers a wonderful opportunity for members to see a PowerPoint presentation by Will Rieley on Stratford Hall and to learn more about these and other GCV restorations. Share in the excitement of what a difference our funds raised from Historic Garden Week are making in Virginia's historic gardens. \$



The Reveley Garden at the College of William & Mary will bring Gillette's designs to fruition, enhancing and connecting the buildings as was intended long ago.

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"The true meaning of life is to plant trees, under whose shade you do not expect to sit." - Nelson Henderson

N amed for one of the Garden Club of Virginia's most enduring and familiar symbols, the Green Arrow Society is a group of loyal members and friends who are supporting the GCV's future with planned gifts. Planned gifts offer financial flexibility, tax advantages and a way to make substantial grants without depleting income or retirement assets. We are grateful to our donors who have chosen to leave a lasting legacy by generously including the Garden Club of Virginia in their estate plans. If you have made such a gift, please let us know so that we may properly acknowledge you in our next *Year In Review*.

Make an enduring gift and help the Garden Club of Virginia carry its mission into the next century. Contact Lexie Haglund, GCV director of development, for more information or to inform us of your gift. 804.643.4137

Polishing Our Gem

by Sue Rosser, GCV Development Committee Chairman The Martinsville Garden Club Jody Branch, Kent-Valentine House Committee Chairman The Boxwood Garden Club

In preparation for our Centennial Celebration in 2020, the Garden Club of Virginia is polishing our gem, the Kent-Valentine House. Exciting things are being planned for our celebratory year and our home will be polished and shining. It has been our headquarters since 1971, maintaining its historic authenticity while allowing a functional office and storage space for Historic Garden Week, as well as GCV and private functions. It truly is a gem.

Work has begun to "polish" her structure and furnishings. The exterior has been freshly painted, the roof is on schedule to be replaced, the interior will be painted, carpet will be replaced and lighting repairs will be made for the third floor meeting space. Furniture will be repaired and reupholstered in keeping with the period of the house. The first of seven



Rusty Bernabo, fine objects conservator, explains the mirror conservation process.

gold-gilded mirrors has been conserved, and we are hopeful that, with your help, the remaining six will be restored to once again radiate brilliance.

The total cost of these improvements is \$325,000. With the help of a challenge grant from the Mary Morton Parsons Foundation, a grant from the Scott Foundation and generous gifts from many of our members, clubs and friends, for which we are extremely grateful, we have raised \$266,000. We need only \$59,000 to complete this major restoration and preservation work. We are grateful for your continued passion for the K-V House. This is a very exciting time.

A very special thank you to the Ashland Garden Club for being the first member club to make a generous gift toward our efforts to conserve the mirrors. As club president Mary Anne Griffin said so graciously, "We are proud that we can contribute to ensuring its grand stature as a historic property in Virginia."

We are excited and confident that, with the generosity of those who share our passion for the Kent-Valentine House, the mirrors can be conserved and the Kent-Valentine House will remain a stately example of the stewardship of the Garden Club of Virginia.

To make a gift in support of the Kent-Valentine House Restoration Project, note "K-VH Restoration" on your check memo and send to the Kent-Valentine House, 12 E. Franklin Street, Richmond, Virginia 23219, or contact Lexie Haglund (804) 643-4137 for more information. *

Lily Notes

Hooray for Lilies by Carrie Darracott, GCV Lily Committee Chairman The Augusta Garden Club

ike our new lily show format, you will find that the GCV's 2018 collection ordering procedure has changed, too. This year the collection was announced on the GCV website in August, and individual orders will be taken by club lily chairmen in September. The combined order will be placed with B&D Lilies on the first of October, and bulbs will be shipped in the spring of 2019. Lilies from the collection should bloom in the summer of 2019 with minimal delay in bloom time. Changes in the Dutch bulb industry dictate these modifications.

I encourage you to order the collection and to get a head start preparing planting space this fall. Bulbs that arrive in the early spring may require planting before other lilies and perennials are above ground, and it is no fun to discover, when planting a new bulb, that you have injured a hidden bulb in the process. The best way to avoid this is to prepare and mark planting spaces for the new bulbs in the fall when you can plan around existing perennials. When bulbs arrive in the spring, you will be able to pop them into the ground with ease.

While you are preparing for new bulbs, consider doing some fall cleanup. Thin crowded clumps to the largest bulbs and treat your friends to the extras. Remove dead

stalks but do not compost them. Either burn them or send debris to the landfill to avoid spreading disease and pests. When finished, mulch the bed to prevent winter heaving of bulbs.

Best wishes for a successful new lily season. 🕸



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If you have made a planned gift, or would like more information about joining the Green Arrow Society, please contact Lexie Haglund at (804) 643-4137 or development@gcvirginia.org.

Errata

On Page 28 of the June 2018 *Journal*, the photos of the 2018 Restoration Fellows were inadvertently transposed.



